

Honesty, Courage and Integrity

[Speaking the truth always]

Introduction:

Honesty is a bright light that shows the truth. It means speaking the truth even when it is hard. Courage is doing what is right or trying something new, even if you feel scared. It helps you face challenges with a brave smile. Integrity is like a promise you make to yourself to always do what is right. Honesty, Courage and Integrity are important values that help us become better people. They guide our actions and decisions, making us trustworthy and strong.

Simple Meaning:

Honesty: Telling the truth and being open. Honesty is being transparent in our words and actions. It means not lying or cheating.

Courage: Being brave and facing fears and challenges. It means standing up for right even when it is difficult.

Integrity: Doing the right thing, even when no one is watching. It means being consistent in our values and actions.

Importance

 **Honesty** helps build trust in friendships and relationships. When we are honest, people can rely on us.

 **Courage** allows us to stand up for what is right and face challenges. It helps us to take risks and try new things.

 **Integrity** ensures that we act according to our values, making us reliable and respected. It helps us feel good about ourselves.



Story time

The Honest Act



Once in a small town, one day, Appu found a wallet on the ground.



Inside, there was a lot of money and an ID card.



Appu felt tempted to keep the money, but he remembered his values of honesty and integrity.



Instead of taking the money, he took the wallet to the lost and found department at school.



The owner, an elderly man, was very grateful and rewarded Appu with a small gift. Appu felt proud of his choice.



From that day onwards, Appu inspired others to be honest and brave. His courage to do the right thing made him a hero in the eyes of his friends.

MORAL: KEEPING PROMISES MAKES YOU AND OTHERS HAPPY.

KEY VALUES!

Responsibility

Taking ownership of your actions.



Consistency

Being consistent in your actions through integrity.



Respect

Valuing others and their feelings.

Bravery

Facing fears and standing up for what is right.

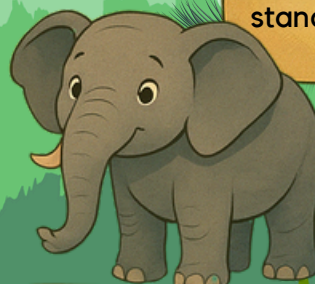
Truthfulness

Always telling the truth and being honest.



Trustworthiness

Being reliable and dependable.



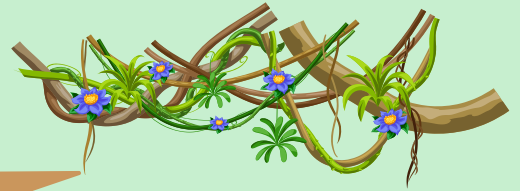
Fairness

Treating everyone justly.



Face your fears and you grow stronger.

Related Words



HONESTY

Transparent, Reliable,
Trustworthy, Openness,
Truthful

Fairness, Fearless, Bravery,
Strength, Determination,
Responsibility, Confidence



COURAGE



INTEGRITY

Honour, Consistency,
Morality, Ethics, Principles

Remember: Honesty, courage and integrity are very important values that lead a good life. Through these values, we can make the world a better place for ourselves and others. They are essential for becoming a good friend, a responsible citizen and a reliable person.



Self-care Tip

Eat home – cooked food and fruits to stay strong.



Confidence Booster

Practice speaking in front of a mirror to build your voice.



Culture Connect

Keep your surroundings clean – it is our duty for ‘Swachhh Bharat Abhiyan’.





1. Find the words given from the words search grid:

T	R	U	S	T	X	Y	Q	W	V
R	E	S	P	E	C	T	A	R	S
U	N	F	A	I	R	P	Q	H	T
T	E	S	O	E	R	I	G	H	T
D	M	L	F	T	R	U	E	R	S
T	R	U	T	H	C	T	A	R	S
F	U	K	M	H	C	T	O	F	O

TRUTH
TRUST
TRUE
RESPECT
RIGHT
UNFAIR

2. Read the statements below and write T for True and F for False next to each one:

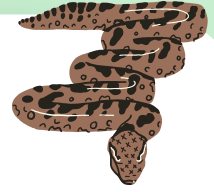
- (A) It is okay to tell a lie if it doesn't hurt anyone. ☐
- (B) Being honest means telling the truth. ☐
- (C) You can be honest and still keep a secret. ☐
- (D) Honesty is not important in friendships. ☐

3. Fill in the Blanks: Complete the sentences with the word 'courage'.

- (A) It takes _____ to stand up for a friend.
- (B) Having _____ means facing your fears.
- (C) You need _____ to try something new.



4. **Underline the right action that shows integrity.**



- (A) Helping someone in need / Ignoring someone who needs help.
- (B) Returning a lost toy to its owner / Keeping it for yourself.
- (C) Telling the truth about a mistake you made / Lying to avoid getting in trouble.

5. **Unscramble the (scrambled) words.**

(A) RABVE _____



(B) HETNSO _____



(C) SECETRP _____



(D) RUTST _____



6. **Write missing letters:**

(A) ____ ____ N E S T (Telling the truth)



(B) F ____ I R (Treating everyone equally)



(C) R I ____ H T (Doing what's correct)



(D) T R ____ S T (Believing in someone)



(E) D U ____ Y (Your responsibility)



(F) M O R ____ L (Knowing right from wrong)

